

## Dr. Bob's Alternative Vaccine Schedule

2 Months	DTaP Rotavirus	2 Years	Rubella Polio
3 Months*	Pneumococcal Hib	2 Years, 6 months*	Hep B Hep A
4 Months	DTaP Rotavirus	3 Years	Hep B Measles Flu
5 Months*	Pneumococcal HIB	3 Years, 6 months*	Hep B Hep A
6 Months	DTaP	4 Years	DTaP Polio Flu
7 Months	Pneumococcal	5 Years	MMR Flu
9 Months	Polio Flu (2 doses)	6 Years	Chickenpox
12 Months	Mumps Polio	12 Years	Tdap HPV
15 Months	Pneumococcal HIB	12 Years, 2 months*	HPV
18 Months	DTaP Chickenpox	13 Years	HPV Meningococcal
21 Months	Flu		**Updated 2/7/2014

\*The 3, 5, and 7 month vaccines occur during what I call "shot only" visits. You don't need a full checkup every single month (unless your baby has some problems that require extra attention). These shot only visits are scheduled with the nurse.

\*The flu vaccine would start between 6 and 12 months if nearing flu season, then yearly thereafter, up to age 5, as flu season approaches. Try to use only a mercury-free shot. If it is not available, don't get it that year, or get the nasal spray.

\*The shots given at 21 months, 2 ½ years, 3 ½ years, and 12 years 2 months are shot only visits.

\*Start the Hep B vaccine at birth if Mom, Dad or any close family members are Hep B carriers.

\*The flu shots is given at separate visits in October or November at ages 3, 4, and 5.

\*Even though I give the first M, M, and R separately it may be okay to group them together into the MMR shot for the booster because an older child may handle it better. An alternative choice would be to give the M, M, and R boosters separately over a few years again starting at age 5.

\*Once the meningococcal vaccine is approved for age 2, I'll move it there and delay Hep B by 6 months.